

LMCS Lunch Menu - January 2025



Milk choice includes a choice of non-fat (flavored or unflavored) or 1% (unflavored) milk.

Monday	Tuesday	Wednesday	Thursday	Friday
			2 Crisпитos Tossed Salad Salsa Corn Canned Mixed Fruit Fresh Fruit Choice (9-12)	3 Cheese Calzone Marinara Sauce Cup Sugar Snap Peas Cherry Tomatoes Apple Slices Canned Fruit Choice (9-12)
6 Bean & Cheese Burrito Salsa Romaine & Tomato Corn Tropical Fruit Fresh Fruit Choice (9-12)	7 BBQ Pork on a Bun Creamy Coleslaw Baked Beans Banana Canned Fruit Choice (9-12)	8 Turkey & Cheese Sub Romaine & Tomato Sweet Potato Fries Oranges Canned Fruit Choice (9-12)	9 Country Style Beef Patty Loaded Mashed Potatoes Cooked Broccoli Canned Diced Peaches Garlic Breadstick (6-12) Fresh Fruit Choice (9-12)	10 Pepperoni Pizza Tossed Salad Carrot Sticks Apple Slices Noon Dismissal
13 Hot Dog on a Bun Potato Wedges Broccoli w/ Cheese Canned Diced Pears Fresh Fruit Choice (9-12)	14 Chicken Wrap Spanish Brown Rice Romaine & Tomato Peas, Banana Cookie (9-12) Fresh Fruit Choice (9-12)	15 Spaghetti Garlic Breadstick Tossed Salad Green Beans Oranges Canned Fruit Choice (9-12)	16 Fiestada Pizza Romaine & Tomato Refried Beans Canned Mixed Fruit Cinnamon Roll (6-12) Fresh Fruit Choice (9-12)	17 Cheese Bosco Sticks Marinara Sauce Cup Sugar Snap Peas Cherry Tomatoes Apple Slices Canned Fruit Choice (9-12)
20 Chicken Tetrizzini Garlic Breadstick Tossed Salad Peas Diced Canned Peaches Fresh Fruit Choice (9-12)	21 Hamburger on a Bun Romaine & Tomato Oven Fries Banana Canned Fruit Choice (9-12)	22 Pretzel Dog Tater Tots Baked Beans Frozen Fruit Slush Fresh Fruit Choice (9-12)	23 Chicken Nuggets Mashed Potato Smiles Fresh Broccoli Frozen Mixed Fruit Garlic Breadstick (6-12) Fresh Fruit Choice (9-12)	24 Cheese Pizza Tossed Salad Grape Tomatoes Apple Slices Fresh Fruit Choice (9-12)
27 Turkey & Cheese Sub Sandwich Romaine & Tomato Sweet Potato Fries Peach Cup Fresh Fruit Choice (9-12)	28 Beef & Bean Burrito Diced Tomato, Lettuce Refried Beans Banan Tortilla Chips (9-12) Fresh Fruit Choice (9-12)	29 Stromboli Tossed Salad Carrot Sticks Tropical Fruit Cup Garlic Breadstick (9-12) Fresh Fruit Choice (9-12)	30 Country Style Pork Patty Mashed Potatoes & Gravy Steamed Broccoli Oranges Garlic Breadstick (6-12) Fresh Fruit Choice (9-12)	31 Cheese Bosco Sticks Marinara Sauce Cup Sugar Snap Peas Cherry Tomatoes Apple Slices Canned Fruit Choice (9-12)

"THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER " Menus are subject to change

Reduced fat dressing is served with salads and fresh vegetables. All grain items are whole grain rich.