

LMCS Lunch Menu - Sept. 2024



Milk choice includes a choice of non-fat (flavored or unflavored) or 1% (unflavored) milk.

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
Labor Day No School	Crisпитos Refried Beans Salsa Corn Banana Canned Fruit Choice (9-12)	Spaghetti Garlic Breadstick Tossed Salad Green Beans Fresh Oranges Canned Fruit Choice (9-12)	Chicken Patty Garlic Breadstick Mashed Potatoes & Gravy Peas Pear Cup Fresh Fruit Choice (9-12)	Garlic Cheese Boats Marinara Sauce Cup Tossed Salad Carrot Sticks Apple Slices Canned Fruit Choice (9-12)
9	10	11	12	13
Orange Chicken Seasoned Brown Rice Asian Fresh Vegetables Grape Tomatoes Cucumber Slices, Pineapple Cup Fresh Fruit Choice (9-12)	Walking Taco Romaine & Tomato Salsa Corn Banana Canned Fruit Choice (9-12)	BBQ Pork on a Bun Creamy Coleslaw Baked Beans Apple Slices Canned Fruit Choice (9-12)	Toasted Turkey & Cheese Potato Smiles Carrot Sticks Sugar Snap Peas Fresh Oranges Canned Fruit Choice (9-12)	Pepperoni Calzone Marinara Sauce Cup Tossed Salad Grape Tomatoes Mixed Fruit Cup Fresh Fruit Choice (9-12)
16	17	18	19	20
Hamburger on a Bun Romaine & Tomato Oven Fries Apricot Cup Fresh Fruit Choice (9-12)	Chicken Tetrzzini Garlic Breadstick Tossed Salad Fresh Banana Peas Canned Fruit Choice (9-12)	Hot Beef Sundae Garlic Breadstick Corn Grapes Blueberry Oat Muffin (6-12) Canned Fruit Choice (9-12)	Sloppy Joe on a Bun Baked Beans Tater Tots Oranges Canned Fruit Choice (9-12)	Cheese Pizza Fresh Broccoli Carrot Sticks Apple Slices Canned Fruit Choice (9-12)
23	24	25	26	27
Turkey & Cheese Sub Sliced Tomato Romaine Lettuce Sweet Potato Fries Peach Cup Fresh Fruit Choice (9-12)	Beef & Bean Burrito Diced Tomato Romaine Lettuce Refried Beans, Banana Tortilla Chips (9-12) Canned Fruit Choice (9-12)	Stromboli Tossed Salad Carrot Sticks Tropical Fruit Cup Garlic Breadstick (9-12) Fresh Fruit Choice (9-12)	Country Style Pork Patty Mashed Potatoes & Gravy Steamed Broccoli Oranges Garlic Breadstick (6-12) Canned Fruit Choice (9-12)	Cheese Bosco Sticks Marinara Sauce Cup Sugar Snap Peas Cherry Tomatoes Apple Slices Canned Fruit Choice (9-12)

"THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER " Menus are subject to change

Reduced fat dressing is served with salads and fresh vegetables. All grain items are whole grain rich.